

# LES ALPILLES



**we** travel FRANCE



# GOURMET TOUR - ALPILLES



## Full day Gourmet tour in Les Alpilles

This unique experience will make you enjoy the best Provence's soil has to offer. Forget about crowded hilltop villages for now and give yourself over to the delights of this gourmet tour.

Provence as always been acknowledged over the world for its unique terroir and warm climate all year round. Over 300 days of sun shine, plenty of water underground, no surprise farming is the number one industry over here. These fantastic conditions led to the production of some of the best products in the world, therefore a big playground for foodies and Michelin starred chefs.

This tour will take you behind the scene of the Provencal farm-to-table lifestyle. Most local people pay a lot of attention to seasons buying their supplies to local producers on the weekly markets .

Provence is quite a spread out territory across the south east of France and can be split in a few different area. In my opinion, Les Alpilles is by far the most interesting and enjoyable part of Provence when it comes down to combining food and wine.

Furthermore, I am used to say that what makes Provence so special is the people who live here and that is one of the reason visitors enjoy this tour so much. You will get to meet passionate people who love talking about Provence and share their local insights.

So get yourselves ready to sample the very best Provence soil has to offer and meet local characters who will remember of for quite some time !

### Made to measure

We are specialized in tailor made tours across Provence and Camargue. This is an example of day tour itinerary which we will be happy to change based on your specific expectations.

Our expertise and knowledge of the area combine to an extensive network of partners make it possible to offer each and every clients one of kind experiences....

# The itinerary

Sebastien our Gourmet Specialist Guide will pick you at your residence at 9.00 and you will start the day by visiting a reputed goat farm to introduce your taste bud with Provence. The cheese maker you are about to encounter is such a character, he created his farm on his own in the eighties and ended up being awarded the best cheese in France in 1998 !!! I KNOW !!!

This tasting alone will be a unique experience.

After a cheese sampling nothing else but a wine tasting could be the right move. Les Alpilles area nest a large number of top rated organic wineries. Based on your preferences, we will pick the most appropriate winery to carry on our gourmet tour and you will have the opportunity to sample reds, whites and rosés wines.

Now that your stomach is ready for lunch, I will suggest few places for lunch. Optional alternative will be to enjoy one of a kind picnic lunch in a vineyard, a bucolic way to enjoy our local gastronomy.

It's time to make a short break with food and wine so we will continue the day we going to Les-Baux-de-Provence where you will visit the Quarry of light. This ancient stone quarry has been transformed in a unique place dedicated to art.

A UNIQUE EXPERIENCE NOT TO BE MISSED, no matter if you like art or not , I guarantee a good time !

<http://carrieres-lumieres.com/en/discover>

This day will not be completed before visiting one of the top French chocolatier.

Expect mind blowing chocolate recipes such as Milk chocolate 40% and lavender flowers from Provence or Black chocolate and fresh basil.

Back to your residence around 5.00 pm.



## Food and Wine

Provence can be considered as a big playground for foodies. Over the last 15 years, we have developed an exhaustive network of local producers, wine makers and restaurants so we will be happy to suggest some tastings along the way as well as nice restaurant, bistros and cafés for lunch.

## Optional

- > Olive oil tasting at a production mill
- > Visit of the village of Les Baux de Provence
- > Baking class
- > Cooking class
- > Michelin Starred picnic lunch
- > Private lunch in an historic Provencal estate



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